

JOIN IN A WALK FOR HOPE

BY BRENDA C. MCCASKILL (BRENDA@ABOUTGREATERCINCINNATI.COM)
PHOTOS PROVIDED

Based on data from the National Diabetes Statistics Report, 2014 (released June 10, 2014) found on the American Diabetes Association (ADA) website, 29.1 million Americans were reported in 2012 to have diabetes. That is more than the Census 2010 reported population of Texas ... the second most populated U.S. state!

Of that population, approximately 1.25 million American children and adults have type 1 diabetes. That is slightly more than the Census 2010 reported population of the state of Rhode Island!

Total estimated costs of diagnosed diabetes in the U.S. in 2012 was \$245 billion. That's a 41% increase from the ADA's last total diabetes cost reported in 2007 of \$174 billion!

It is estimated that one out of every three children born after 2000 in the United States will be directly affected by diabetes. In Ohio, there are over 850,000 people over the age of 18 diagnosed with diabetes, and in the Greater Cincinnati area, there are over 250,000 individuals who have diabetes. Thousands of people suffer from the disease, and many others (8.1 million undiagnosed) may have diabetes and not even know it!

Those are daunting statistics, but you can help change the conversation,



The Walk for Hope planning committee has planned a 3k walk/run to raise funds for Cincinnati Children's Hospital innovative treatments and research to combat Juvenile Diabetes. Walk for Hope will be held rain or shine on June 20th at Glenwood Gardens Park.

(Photo provided by Richard Calloway)

give hope to those affected.

Chances are you know someone who has diabetes. Maybe you have diabetes. Whether you do or not, on Saturday June 20, you can "Walk for Hope" and be a part of a united effort to bring the community together to not only walk to promote personal health and build awareness about diabetes, but also raise funds to help Cincinnati Children's Hospital Medical Center (CCHMC), whose diabetes and endocrinology program is ranked No. 6 in the country in the 2014-15 *U.S. News & World Report* list of

Best Children's Hospitals, develop innovative treatments and research in the fight against the epidemic of Juvenile Diabetes and help make an impact on lives and families affected by this disease.

"We can overcome it [diabetes]." Richard Calloway, chairperson of Walk for Hope, shared in an interview with AboutGreaterCincinnati.com.

On a quest to do just that, individuals, families, and teams will join in Walk for Hope, a family-friendly 3k walkathon/run - held rain or shine - at Glenwood Gardens Park, a beautifully

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JOIN IN A WALK FOR HOPE (CONT'D)

Scenic and beautifully landscaped Glenwood Gardens Park in Woodlawn (OH) is the site for the Walk for Hope 3k walk/run to raise funds for innovative treatments and research for Juvenile Diabetes.

(Photo | cincinnatiusa.com)



landscaped Great Parks of Hamilton County located at 10397 Springfield Pike in Woodlawn (OH), to get physically active, promote health, build awareness, and raise funds to support CCHMC treatments and research for Juvenile Diabetes, also known as type 1 diabetes.

Walk for Hope, a health and outreach initiative of Quinn Chapel A.M.E. church in Forest Park, Ohio, begins on June 20th with registration starting at 8 am. At 9 am after a warmup, the 3k walk/run (1.86 miles) begins and goes along a paved, scenic trail that is accessible whether you walk the route, run, push a stroller, or even use a mobility device to get around.

“We are going to have a table setup with a lot of statistics, information, and why the [diabetes] re-

search is so important and what we can do to help ourselves ...” shared Inez Edmondson, Walk for Hope committee member, adjunct professor Miami (OH) University Nursing Department, and coordinator of the walk’s health/nursing components. “We are walking for hope and awareness and we want to support the Cincinnati Children’s Hospital research.”

Registration fee is \$25 /person and includes an event t-shirt while quantities last. If unable to participate in the walk, donations are appreciated and accepted. You can register/sign up and donate online in advance of Walk for Hope or same day at the walk.

You can also support the cause and purchase a t-shirt only, if you order a t-shirt for \$10 by June 1st.

In addition to a focus on prevention by making diabetes educational mate-

rial and glucose testing available at Walk for Hope, the walk-athon’s goal is to raise \$10,000 which has been designated to support the Diabetes Clinic at Cincinnati Children’s.

The event proceeds will make an impact as Ohioans are increasingly feeling the effects of diabetes, a chronic, autoimmune condition - that may be caused by genetic, environmental, or other factors - in which the pancreas produces little or no insulin and can lead to complications including kidney disease, cardiovascular disease, heart attack, stroke, amputations, blindness and eye problems.

“As a nonprofit hospital and research center, we rely on support from our friends in the community to help us advance discovery and improve care.” shared Megan Boesing, Donor Relations Officer at Cincinnati Children’s Hospital Medical Center. “We feel so fortunate to have the support of so many dedicated advocates for Cincinnati Children’s.”

Be a part of those walking for health, walking for hope, walking to impact on June 20th!

To register, learn more, visit <http://www.quinnchapel.com/home>.

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